MIAA Baseball Rules 2020

Transition to NFHS rules – Spring 2020

Rules that are significant or likely to happen:

- 1. Catch and Carry not allowed ground rules discussion
- 2. Hidden ball trick Allowed ground rules discussion
- 3. Pitch counts line-up cards at ground rules
- 4. Pitch counts umpires ensure that communication happens
- 5. Verify all equipment is legal ask each coach
- 6. Balks immediate dead ball no free swings or extra bases on wild pick-off
- 7. Batter's Box Rule
- 8. Fake throw to third base is allowed
- 9. Slide (legally) or avoid
- 10. Force Play slide rule no pop-ups or sliding through the bag (contacts fielder or alters the play)
- 11. Appeals are allowed during dead ball
- 12. Re-entry rules for substitution
- 13. Designated Hitter Rule 9 player line-up
- 14. Courtesy runners are allowed
- 15. Conferences only 3 free defensive trips during regulation
- 16. Mercy rule -10 runs after 5 or $4\frac{1}{2}$ if home team winning
- 17. All personnel must be in the dugout during live-ball

Resources

Baseball page of the MIAA web site (www.miaa.net)

Top menu bar > Sports and Tournaments > Sports Pages > Baseball > NFHS Baseball Rules Transition for Spring 2020 or at this link http://miaa.net/contentm/easy_pages/view.php?sid=38&page_id=312

Rules transition page will have PowerPoint, news items, pitch count policy and other supporting material as it is developed and made available.

MIAA Pitch Count Limitations and Procedures 2020

Maximum Pitches Per Day - 115 pitches for Varsity Pitchers & 95 pitches for Sub Varsity

Breakpoints & Required Rest:

<u>Varsity</u>		<u>Sub Varsity</u>	
1-25 pitches	0 days rest	1-25 pitches	0 days rest
26-40 pitches	1 days rest	26 -40 pitches	1 days rest
41-55 pitches	2 days rest	41-55 pitches	2 days rest
56-70 pitches	3 days rest	56-70 pitches	3 days rest
71-115 pitches	4 days rest	71-95 pitches	4 days rest

*These rules apply to both regular and post season play

*If a pitcher has thrown 71-90 pitches on the day he last pitched, on his fourth day of rest, he would be eligible to throw a maximum of 25 pitches.

Tracking:

*Coaches will designate on their line up cards which players are *not eligible to pitch* that day

*Coaches or their designee confirm pitch counts after every 2 innings and at the conclusion of the game.

In the case of a dispute the home team has the official count.

*Umpire's do not regulate the pitch count, their job is to make sure coaches are conferring every two innings and at the conclusion of the game.

*At the conclusion of each contest, both coaches will sign the official MIAA pitch count sheet

<u>Penalties:</u>

* Violations of the pitch count maximum limit or required rest periods will follow Rule #86 of the MIAA Handbook "Participation of an ineligible student"

<u>F.A.Q's</u>

*A pitcher can exceed the maximum pitch limit if he is in the middle of an AB but once the AB is completed, the pitcher must be removed from the mound

*The calendar day in which a game is started shall be used to determine how many days of rest is required. Ex. If a game goes past midnight a pitcher shall not now be counted as eligible nor should a pitcher lose a day of rest because they pitched past midnight. Ex. A pitcher throws 72 pitches in a game on Saturday morning – rest required is 4 days so pitcher must rest on Sunday, Monday, Tuesday, and Wednesday before returning to the mound on Thursday.

*Doubleheaders – pitchers can pitch in both games but if a pitcher exceeds 50 pitches in the first game he cannot pitch in the second game. A pitcher cannot exceed 115 pitches on the day.

*Ambidextrous pitcher- pitch count guidelines apply to the individual pitcher not the individual arm